

Resident's Daily Schedule

Cove PREP

Seperated by units

	DATE	DATE	DATE	DATE			DATE
TIME	Unit 1	Time2	Unit 2	Time3	Unit 3	Time4	Unit 4
7:00-8:00	Morning prep, meds, breakfast		Morning prep/meds		Morning Prep/meds		Morning Prep
8:00-8:40	Transition		Breakfast		Breakfast		Meds
8:40-9:20	English		Math		Transition		Breakfast
9:25-10:05	Math		Transition		English		Science
10:10-10:50	Fitness		English		Math		Transition
10:55-11:35	Study Hall		Social Studies		Fitness		Math
11:35-11:55	Bathroom Break		Bathroom Break		Bathroom Break		Lunch
11:55-12:30	Lunch		Fitness		Social Studies		Bathroom Break
12:30-1:05	Social Studies		Science		Lunch		Social Studies
1:05-1:40	Science		Lunch		Study Hall		English
1:40-2:10	Bathroom Break		Study Hall		Science		Bathroom Break
2:10-3:00	Therapy Group		Therapy Group		Therapy Group		Therapy Group
3:00-3:45	Quiet Time		Quiet Time		Quiet Time	3:15-3:45	Outside
3:45-4:15	Outside/Freetime		RR Break/Freetime		Goals Group/Freetime	3:45-4:45	Goals Group/Freetime
4:15-4:45	Goals Group/Freetime		Goals Group/Freetime		Outside/Freetime	4:45-5:15	Dinner
4:45-5:15	Dinner		Outside/Freetime		Freetime	5:15-6:15	Freetime
5:15-5:45	Outside/Freetime		Freetime		Dinner	6:15-6:45	Outside/Freetime
5:45-8:00	Freetime	5:45-6:15	Dinner	5:45-6:15	Outside/Freetime	6:45-8:30	Freetime
8:00-8:15	Meds	6:15-6:45	Outside/Freetime	6:15-8:15	Freetime	8:30-8:45	Clean Dayroom
8:15-9:30	Shower/Hygiene	6:45-8:00	Freetime	8:15-8:30	Meds	8:45-9:00	Meds
9:30-9:45	Nightly Chores	8:00-8:30	Shower Hygiene	8:30-10:00	Shower Hygiene	9:00-10:00	Shower Hygiene

	DATE	DATE	DATE	DATE			DATE
TIME	Unit 1	Time2	Unit 2	Time3	Unit 3	Time4	Unit 4
9:45 PM	Lights Out	8:30-8:45	Meds	10:00-10:15	Nightly Chores	10:00PM	Lights Out
		8:45-10:00	Shower Hygiene	10:15PM	Lights Out		
		10:00-10:15	Nightly Chores				
		10:15PM	Lights Out				